

Baltic Sea Youth Forum on the Occasion of Kiel Week, June 22 -25, 2015

back to back with the 24th Baltic Sea Parliamentary Conference in Rostock-Warnemünde

Monday, June 22, 2015		
Until 4:00 P.M.	Arrival of the young participants Accommodation: Sparkassenakademie Faluner Weg 6 24 109 Kiel	<i>Reservation confirmed</i>
5:00 P.M.	Informal meeting of youth participants Alexandra + Henrike	Organizational questions, icebreaker, joint action to lay the table for dinner.
6:00-8:00 P.M.	Dinner/Barbecue at the Sparkassenakademie Contact: Ms. Gabriele Sdrojek Gabriele.sdrojek@SGVSH.de Phone: +49 (0)431 5335-187 Host: president/vice-president	<i>Reservation confirmed</i>
	leisure time	
Tuesday, June 23, 2015		
	<u>Venue of the Baltic Sea Youth Forum:</u> Schleswig-Holsteinischer Landtag Düsternbrooker Weg 70 Landeshaus 24105 Kiel	
	<i>Facilitator of the entire event:</i> Jan Diedrichsen, head of the representation of the German minority in Copenhagen	<i>Guide through the <u>whole</u> program.</i> <i>Confirmed</i>
9:30 – 10:00 A.M.	WUP Official opening of the forum By: - President of the State Parliament, Mr. Klaus Schlie, - Greeting address: President of the BSPC Ms Sylvia Bretschneider Schleswig-Holstein Saal	WUP (warming-up) by facilitator-trio (Jan, Alexandra, Henrike) - 5 minutes (confirmed) - 5 minutes

(Participating individuals and companies not yet requested.)

	Public Health and Social Well-being - co-operation in the Baltic Sea Region as challenge Thomas Ifland (tbc), Senior Adviser of the German NDPHS Presidency (Northern Dimension Partnership in Public Health and Social Well-being)	10 minutes
10:00 A.M. – 12:30 P.M. I. Oral status reports and discussion	<u>Innovation in social and health care</u> Introduction (BSPC Working group, members, mandate, Kiel Week youth forum back to back with BSPC in Rostock-Warnemünde, ...) Mr. Bodo Bahr, Head of BSPC Secretariat (10 minutes) <u>Parallel workshops in smaller groups</u> Workshop I. No Health without Mental Health and social well-being Schleswig-Holstein Saal <i>Psychosocial Health</i> <i>The importance of being mentally, emotionally, socially, and spiritually sound was lost on medicine for a long time. A pill was supposed to solve everything! Now we know better, and there's plenty of proof that a healthy mind and a content heart are just as important for the prevention of diseases and their treatment. Therefore, this concept of psychosocial health, a state of mental, emotional, social, and spiritual well-being, deserves a better look.</i> <i>Individuals who are deemed to be psychosocially healthy aren't completely devoid of problems. Actually, it's not the quantity or quality of a problem, or lack thereof, which makes someone sound in this respect. It's the way people view themselves and how they deal with stressful situations that sets psychosocially healthy people from those who are not.</i> <i>Mental disorders</i> <i>comprise amongst others substance abuse, noncommunicable diseases (depression, dementia, autism, increased risk of suicide, intellectual disabilities, anxiety disorders, ...)</i> <u>Input from the BSPC working group: NN (5 minutes)</u> <u>Status reports by country and project examples (innovation) from BSR: Nordic Countries, Germany, Poland, Baltic States, Russia: each young workshop participant (5 minutes)</u> <u>Facilitator: Alexandra Ehlers, president of the youth council, Schleswig-Holstein</u> <u>Rapporteur: NN (young workshop participant)</u>	

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	Workshop II. Demographic challenges, inter-generation fairness and poverty risks Konferenzsaal 142 <i>The number of young people entering the work force is declining. The needs for social and health care services will increase, and it will cause structural and spatial changes on social and health care service delivery and funding.</i> <i>An ageing population will cause changes in somatic and mental health patterns. There will be a growth in lifestyle-related diseases, and hence a more complex clinical picture. Preventive strategies and actions will play an increasing role.</i> <i>There is a need or reducing the risk of poverty, especially preventing poverty in old age. The socio-economic development could produce a growing segment of the older population that will become poorer, sicker and less capable of seeking and paying for qualified care.</i> <i>Medical and social services are unevenly distributed, and the quality of care varies both spatially and socially.</i> <u>Input from the BSPC working group:</u> NN (5 minutes) <u>Status reports by country and project examples (innovation) from BSR:</u> Nordic Countries, Germany, Poland, Baltic States, Russia: each young workshop participant (5 minutes) <u>Facilitator:</u> Henrike Menze, general secretariat of Europa-Union, Landesverband Schleswig-Holstein <u>Rapporteur:</u> NN (young workshop participant)	
12:30 – 1:30 P.M.	Lunch Casino	
1:30 – 5:00 P.M. (3:00 - 3:30 coffee break)	Parallel workshops continued Schleswig-Holstein Saal Konferenzsaal 142 Foyer, 1. floor	
5:00 – 6:00 P.M. Mutual information out of the working groups in the plenary	Reports out of the workshops → Presentation by the rapporteurs in the plenary <u>Facilitator:</u> Jan Diedrichsen Schleswig-Holstein Saal	
6:00 - 7:00 P.M.	Dinner Casino	
	Leisure time	
Wednesday, June 24, 2015		
8:30 A.M.	WUP Opening by the facilitator plenary hall Schleswig-Holstein Saal	
8:30 A.M. – 10:30 Noon II. Formulation of positions and political demands on the basis	Parallel workshops continued Schleswig-Holstein Saal Konferenzraum 142	2 x 2 young participants are to be separated in room 121 to draft a thesis paper; support by

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of the work done the day before (thesis paper)		Jan + Jutta
10:30 – 12:00 Noon III. Discussion of the conclusions – Dialogue between the young participants and Members of Parliament (MPs, Schleswig-Holstein State Parliament)	Plenary session - Presentation of status reports, conclusions and positions, thesis paper → young rapporteurs - Discussion with Members of Parliament - Nomination of Kiel youth forum delegation going to Rostock-Warnemünde (2 persons) <u>Facilitator:</u> Jan Diedrichsen Schleswig-Holstein Saal	
12:00 Noon - 1:00 P.M.	Lunch together with Members of the Schleswig-Holstein State Parliament at the State Parliament Casino	
1:00 – 3:00 P.M. 3:00 - 5.30 P.M.	Head of delegation: vice-president Field trip to Lübeck accompanied by Members of the State Parliament of Schleswig-Holstein MEDISERT (office of BioMedTec Research Campus) c/o Universität zu Lübeck Building 64, ground floor 105 Ratzeburger Allee 160 23562 Lübeck - Schleswig-Holstein as health region NN, IHK zu Lübeck (tbc) - The BioMedTec Research Campus Kanina Botterweck, manager of MEDISERT	<i>Kanina Botterweck tel. 0451 500 3900</i> presse@bio-med-tec.de <i>MEDISERT confirmed</i> <i>Dr. Dirk Hermsmeyer, IHK zu Lübeck, tel 0451 6006-0</i> hermsmeyer@ihk-luebeck.de <i>(10-15 minutes; tbc)</i> <i>welcome, introduction; guidance in groups; demonstration how science is functioning in practice; coffee break</i>
6:00 - 8:00 P.M.	Guided tour of Lübeck by Hanse-Guides www.Stadtfuehrung-in-Luebeck.de	<i>Reservation made (2 groups)</i> <i>Start: at our Bus stop</i> <i>End: Große Petersgrube</i>

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8:00 – 10:00 P.M.	Dinner in Lübeck CVJM Lübeck e.V. Kneipencafé Große Petersgrube 11 D-23552 Lübeck Telefon: +49 (0)451-39 99 410 Telefax: +49 (0)451-39 99 411 E-Mail: info@cvjm-luebeck.de Ansprechpartner: Norbert Lühr Farewell address vice-president	<i>Reservation made</i>
10:00 - 11:30 P.M.	Return trip to Kiel Arrival in Kiel	
Thursday, June 25, 2015		
8:00 A.M.	Joint breakfast at the Sparkassenakademie Alexandra + Henrike	
9:00 A.M.	Departure of the participants	
Working language: English Reference documents for Workshops I and II: Mid-Way Report of the BSPC Working Group on Innovation in Social and Health Care of August 2014. Reference document for Workshop I.: Mental Health Action Plan 2013-2020 by World Health Organization (WHO)		